

V.I Wave
U13-U18

VIPL
U14-U18

Gold
U14-U18

Silver
U14-U18

Bronze
U14-U18

Tier I

Tier II

Tier III

Tier IV

Tier V

League play from September to November

League Playoffs in November everyone participates

Break in the league due to travel complications (snow) for interior teams in December and January

More league play from February to June

All teams enter single elimination Provincial Premier Cup in June/July

Champions of Provincial Premier Cup from U15 and U17 attend Nationals

Seeded league play from September to February

Teams declare Dec 1 for playoffs

Playoffs begin in February (Single elimination, seeded bracket)

Winner becomes Island Representative in **Coastal A Cup** AND **A Cup Provincials**
*Everyone else is done for the season

What is Coastal A Cup?
Single elimination competition in April vs Tier II mainland teams

* Coastal Cup is one way Lower Mainland can qualify for A Cup Provincials Tournament

What is A Cup Provincials?
Go to BC Soccer Provincial Tournament in July vs other Tier II regional winners

All teams can declare into **'B' Cup** (Declare Dec 1) Random draw Play begins late January

Winner of **'B' Cup** plays Upper Island

Winner becomes Island Representative in **Coastal B Cup** AND **B Cup Provincials**

Runner-Up enters **Coastal B Cup** and if wins **Coastal B Cup** attends **B Cup Provincials**

League winner & LISA B Cup Representative ineligible for gold **District Cup**

What is Coastal B Cup?
Single elimination competition in April vs mainland Tier III teams

* Coastal Cup is one way Lower Mainland can qualify for B Cup Provincials Tournament

What is B Cup Provincials?
Go to BC Soccer Provincial Tournament in July vs other Tier III regional winners

Gold league winner plays in **Island Invitational**

What is Island Invitational?

- Single game vs Upper Island team
- Held in April
- Hosted alternating years at Lower Island or Upper Island
- **No extra time, direct to penalties**

Participate in **LISA Cup**

Participate in Silver **District Cup**

*Promoted Silver Winner plays up in Gold **District Cup**

Participate in Bronze **District Cup**

*Promoted Bronze Winner plays up in Silver **District Cup**

What is LISA Cup?

- Combined competition for Silver and Bronze teams
- Random draw
- Single elimination played throughout the season
- Finals in February

What is District Cup?

- Separate competition for gold, silver and bronze divisions
- Random draw
- Single elimination played at the end of the season once the league winners have been determined
- Once lose in District Cup the team is done for the season
- **Play downs:** In event of tie game, extra time then penalty kicks if necessary
- **Finals:** In event of tie game, no extra time, proceeds directly to penalty kicks



CUP PLAY 101