


Levels of Play

Wave
U13-U18

Participants
1 Island Team
1 Interior Team
6 Mainland Teams

In each age group from U13 to U18



Travel Required:
To the Mainland

Opportunities for Provincial, Whitecaps Programs



Participate in Provincial Premier Cup

Champions at U15 and U17 qualify for National Club Championships

VIPL
U14-U18

Participants
2 Upper Island Pooled teams
3-5 Lower Island Pooled teams

In each age group from U14 to U18

Travel Required:
As far as Campbell River, Comox, Nanaimo etc.
*Powell River kids play in the league but there are no games in Powell River


Participate in A Cup

Champions enter Coastal A Cup and BC Soccer Provincial Tournament

Gold
U13-U18

10 Clubs:
-Bays
-Cowichan
-Gorge
-Juan de Fuca
-Lakehill

-Peninsula
-Prospect Lake
-Saanich Fusion
-Salt Spring
-Sooke



Travel Required:
Greater Victoria from Duncan in the North to Sooke in the west and Salt Spring Island

Participate in B Cup


Participate in District Cup

Champions enter Coastal B Cup and BC Soccer Provincial Tournament

Silver
U13-U18

10 Clubs:
-Bays
-Cowichan
-Gorge
-Juan de Fuca
-Lakehill

-Peninsula
-Prospect Lake
-Saanich Fusion
-Salt Spring
-Sooke



Travel Required:
Greater Victoria from Duncan in the North to Sooke in the west and Salt Spring Island


Participate in LISA Cup

Participate in District Cup

Bronze
U13-U18

10 Clubs:
-Bays
-Cowichan
-Gorge
-Juan de Fuca
-Lakehill

-Peninsula
-Prospect Lake
-Saanich Fusion
-Salt Spring
-Sooke



Travel Required:
Greater Victoria from Duncan in the North to Sooke in the west and Salt Spring Island

Participate in LISA Cup

Participate in District Cup

U5-U9

Play in House

(Meaning they play within their own clubs)

U10

Can play in house but have the opportunity to play against other clubs

Just JDF, Sooke and Salt Spring participate in, interclub play

U11

Can play in house but have the opportunity to play against other clubs

Everyone but Bays and Cowichan participate in U11 interclub play

Opportunity exists for gold and silver leagues

U12

Can play in house but have the opportunity to play against other clubs.

Are divided into Blue and White teams (gold and silver) .

Everyone but Cowichan participates fully at U12.

Interclub play means they play against other Lower Island teams.