

V.I Wave
U13-U18

VIPL
U14-U18

Gold
U13-U18

Silver
U13-U18

Bronze
U13-U18

Tier I

Tier II

Tier III

Tier IV

Tier V

League play from September to November

League Playoffs in November everyone participates

Break in the league due to travel complications (snow) for interior teams in December and January

More league play from February to June

Top four from league play make Provincial Premier Cup in June/July

Champions of Provincial Premier Cup from U14, U16 and U18 attend Nationals

Seeded league play from September to February

All teams make playoffs

Playoffs begin in February (8 teams, single elimination seeded bracket)

Winner becomes Island Representative in **Coastal A Cup** and **A Cup**
*Everyone else is done for the season

What is Coastal A Cup?
Single elimination competition in April vs Tier II mainland teams

* Coastal Cup is one way Lower Mainland can qualify for A Cup Provincial Tournament

What is Cup?
Go to BC Soccer Provincial Tournament in July vs other Tier II regional winners

All teams participate in **'B' Cup**
Random draw
Play begins late January

Winner of **'B' Cup** plays Upper Island

Winner vs Upper Island becomes Island Representative in **Coastal B Cup** and **B Cup**
* Winner ineligible for District Cup

Everyone but league winner and B Cup Rep enter gold **District Cup**

Gold league winner plays in **Island Invitational**
*Winner ineligible for **District Cup**

What is Coastal B Cup?
Single elimination competition in April vs. mainland Tier III teams

* Coastal Cup is one way Lower Mainland can qualify for B Cup Provincial Tournament

What is B Cup?
Go to BC Soccer Provincial Tournament in July vs other Tier III regional winners

What is Island Invitational?

- Single game vs Upper Island team
- Held in April
- Hosted alternating years at Lower Island or Upper Island
- No extra time, direct to penalties

Participate in **LISA Cup**

Participate in Silver **District Cup**

*Promoted Silver Winner plays up in Gold **District Cup**

Participate in Bronze **District Cup**

*Promoted Bronze Winner plays up in Silver **District Cup**

What is LISA Cup?

- Combined competition for Silver and Bronze teams
- Random draw
- Single elimination played throughout the season
- Finals in February
- In event of a tie game, no extra time, proceeds directly to penalty kicks

What is District Cup?

- Separate competition for gold, silver and bronze divisions
- Random draw
- Single elimination played at the end of the season once the league winners have been determined
- Once lose in district cup the team is done for the season
- Play downs: In event of tie game, extra time then penalty kicks if necessary
- Finals: In event of tie game, no extra time, proceeds directly to penalty kicks



CUP PLAY 101