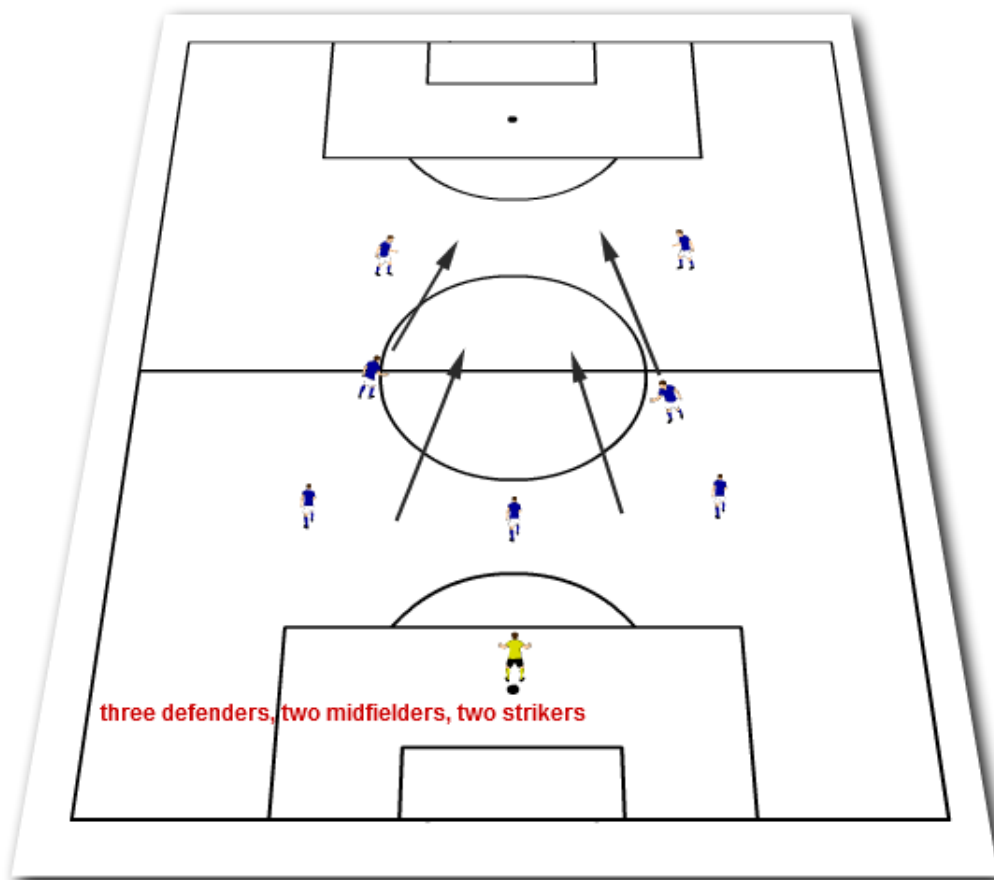


## Activity : LISA-SSG 3-2-2 formation



### Explanation

Formation of three defenders, two midfielders and two strikers

### Coaching Points

Encourage strikers to play together as a pair and not to get too far apart

Ask midfielders to take up advanced positions to support the two strikers whenever possible, as the three defenders will provide adequate cover.

Encourage a defender to go forward into midfield to offer support to the midfielders when in possession.

This formation does not offer a great deal of width in attack as the midfielders and strikers will end to play more centrally. This can be compensated for by encouraging the wide defenders to move forward with the ball whenever possible.