



The Board of Directors of the Lower Island Soccer Association takes great pleasure in announcing Karen Hood-Deshon as our new Executive Director. Karen will commence her duties on August 16, 2010.

Karen joins us from Ryerson University in Toronto where she was the Interuniversity Manager in the Department of Sports and Recreation. During her four plus years at Ryerson she managed the full and part-time coaches and successfully obtained a grant to fund more full time positions. Her duties included liaising with 19 other universities as well as being the compliance officer for items such as athlete eligibility and distribution of scholarships.

Prior to Ryerson University, Karen worked for the 'not for profit' Ontario Physical and Health Education Association (OPHEA). At OPHEA, working with staff and volunteers, Karen was responsible for coordinating the organization's annual 500-person conference. She also organized launch events in local elementary schools involving Ontario premier and Olympic athletes.

Karen obtained a degree in recreation and sport administration from Dalhousie University. She achieved Academic All-Canadian status and, as an athlete, won a CIS National (Soccer) Championship in 1994. After graduation she worked with Trojan Sports and Event Marketing. Her projects included working with Canadian Soccer Association and the U17 National Soccer Championships on behalf of 'Snickers'. Her responsibilities allowed her to develop strong leadership skills in both people and project management.

Karen's family, including her husband and two small children, have recently moved to Victoria. Please join us in welcoming Karen Hood-Deshon when she arrives on August 16.

Tim Satterford
President