

Lower Island Soccer Association

Technical – Coaching

Coaching Certification Pathway

		Entry Level National Team Players Professional Players	
A License National Course 120 Units	B License Part 2 National Course 40 Units	B License Part 1 Provincial Course 40 Units	
Community Coach Certificate			
Community Coach-Children 6-10 years 10 Units	Community Coach-Youth 10-14 years 20 Units	Community Coach-Senior 14 and Older 20 Units	Pre- Test

As the governing body for soccer in British Columbia, the British Columbia Soccer Association and its affiliates are responsible for training coaches from the grass roots to senior levels of play. As such the Lower Island Soccer Association works with clubs to raise the quality of coaching and teaching for all age groups and skill levels. With the increasing number of players registering with clubs across the Lower Island this represents a considerable challenge. In order to meet this challenge a three tiered certification program has been developed in conjunction with the Canadian Soccer Association that will cater to the educational needs of developing coaches and enhance the quality of individual player and team performance.

The Certification pathway for coaching in British Columbia is noted in the diagram above. Further details with regard to your entry levels will be provided by contacting Alan Churchard at achurchard@lowerislandsoccer.com .

COMMUNITY COACHING CERTIFICATION PROGRAM

Please Note:

The community Coach Certificate, as the name suggests, is aimed at the coaches working with children, youth players and senior players involved in recreational and competitive community club soccer. In the flow chart above one can see that the Community coach Certificate essentially consists of three parts: Children, youth and Senior.

There are three (3) different entry levels within the Community Coach Certification Program.

1. Coaches working primarily with players/team in the Under6- Under 10 (mini) age group should enter at the Community Coach Children's course.
2. Coaches working primarily with players/teams in the Under 11 – Under 13 age groups should enter at the Community Coach Youth course.
3. Coaches working primarily with players/teams in the Under 14+ age range group should enter at the Community Coach Senior course.

Coaches wishing to complete the Community Coach Certificate (Children's/Youth/Senior) may take these courses in any order that they decide to do so.

To enter the CSA B Licensing Program from the Community Coach Certification it is mandatory for the applicant coach to hold a MINIMUM of a Community Coach Certification And be successful at the Pre-Test stage.

Below are course descriptions for the Community Coach Certification Program:

Community Coach Children's

The Community coach Children's course is tailored to coaches working with player in the 6 to 10 year old range. The contents of this course are based around the FUNdamentals of mini-soccer and touch on the following areas; stages of development, basic practice planning, the role of the coach, ethics, safety and liability, review of mini-soccer rules, basic skill development, technical skill development and information on coaching youth players. This course meets the NCCP standards for the soccer technical and practical components.

Community Coach Youth

The Community Coach Youth course is tailored to coaches working with players in the 11-14 year old range. The contents of this course are based around coaching players at the recreational youth level of soccer and touch on the following areas: stages of development, conducting and planning training sessions, the role of the coach, ethics, safety and liability, team development, technical skill development and information on coaching youth players. This course meets the NCCP standards for the soccer technical and practical components.

Community Coach Senior

The community Coach Senior course is tailored to coaches working with players in the 14 and above range. The contents of this course are geared towards coaching at a more competitive level of youth soccer and touch on the following areas: stages of development, advanced technical skill development, aspects of coaching, coaching team play (system / tactics), set plays, coaching the goalkeeper, attacking and defending principles, fitness, physical preparation (warm-up and cool-down), first-aid, ethics, and safety and liability. This course meets the NCCP standards for the soccer technical and practical components.

B Licensing Program

The B Licensing Program consists of three (3) tiers. The B Pre-Test and B Provincial (B License Part 1) courses are run through the British Columbia Soccer Association, while the B National Course (B License Part 2) is run by the Canadian Soccer Association.

Below are the course descriptions for the B Licensing Program:

B Pre-Test

The B Pre-Test is a non-certification course that is a mandatory pre-requisite for any coaches wishing to pursue the Canadian soccer Association's B License Program. The main purpose of this course is to give coaches the proper methodology needed to detect and correct errors in technical skill development and small-sided game situations. This course does involve some theory components, but is heavily geared towards the ability of the coach to plan and run effective sessions based on pre-selected technical and tactical coaching topics. Successful participants will be eligible to move forward in pursuing B Provincial License certification.

B Provincial

The B Provincial License (B License-Part 1) focuses on working with high performance athletes up to the age of 14 years old. This course involves both theory and practical coaching work. The theory components include: first and liability, stages of development, methodology of training, seasonal planning, session planning, match observation and analysis and the laws of the game (11-a-side). The practical components are heavily geared towards the ability of the coach to plan and implement effective training sessions based on a variety of pre-selected technical and tactical coaching topics. Each participant will undergo two (2) practical coaching assessments. Successful participants will be eligible to apply for completion of Part 2 of the B license Program.

B License

The B National License (B License-Part2) focuses on working with high performance athletes 14 years of age and older. This course includes both theory and practical coaching work. Each participants will undergo two (2) practical coaching assessments. Successful participants will receive a Canadian Soccer Association B License.

A License Program

The CSA 'A' License Program is divided into two annual periods of ten days. Both parts will be conducted as residential courses, approximately twelve months apart, at the National Training Centre in Toronto. Each candidate will be required to complete a limited number of assignments between parts 1 and 2. Both Part 1 and part 2 will include practical and theoretical aspects of study with the Final Practical assessments being held during part 2 of the course.

BCSA Goalkeeping Diploma – Team Coach

Created by Tony Waiters, this course introduces team coaches to the art of goalkeeping. The contents of this course are designed to give team coaches some basic knowledge about the techniques and skills involved in being an effective goalkeeper and most importantly, giving the coaches enough information and direction to be able to effectively introduce goalkeeping into their weekly team training sessions. Previous goalkeeping experience is not required. This is not a NCCP certification course.