



Excellence through Development

**LOWER ISLAND SOCCER ASSOCIATION (LISA)
DISTRICT DEVELOPMENT CENTRE (DDC)
ACADEMY & DEVELOPMENT PROGRAMMES
BOYS & GIRLS U10 - U13**

PHILOSOPHY:

The Lower Island Soccer Association (LISA) District Development Centre (DDC) is development-oriented training for girls and boys U10 to U13 inclusive in the current playing season. It is a well organized, structured, challenging, yet fun, programme designed to provide a positive learning experience for motivated soccer players wanting further development and/or aspiring to play on BCSA Intra-Provincial (IPL), District Metro, Island Super-Y Leagues, BCSA Provincial teams and District travelling competitive teams.

OBJECTIVES:

All DDC programmes focus on the following areas:

- development of intermediate and advanced level skills (feinting, dribbling, control, passing, shooting, heading)
- introduction and development of basic and intermediate tactical behaviour (creating space, creating passing opportunities, positioning, and basic support)
- 1 v 1, 2 v 2 and 3 v 3 defence and attack
- introduction and development of soccer endurance

Technical exercises, soccer specific conditioning drills and small-sided games will be used to achieve these objectives. Academy players at the U10 and U11 ages will play either mini (5 v 5) or Super 8's based on age/ability and in accordance with CSA/BCSA direction. The U12 - U13 age groups will play 11 aside in order to compete at higher age levels in the various tournaments and exhibition games arranged for them.

ACADEMY:

Academy Coaches will select their teams in consultation with the Academy Head Coach and respective DDC staff. Players who can perform and incorporate well-developed technical soccer skills, tactical behaviour and soccer endurance into their game are most likely to be selected to train at a higher level within the DDC.

DEVELOPMENT:

Players who are looking for further development (non-Academy level) will be placed into a development pool. These players will receive the same instruction as an Academy player with the emphasis on strengthening areas of weakness. The DDC is a constant streaming process with players being moved up and down through the development, Academy and High Performance training.

ACADEMY COACHING STAFF:

Under the direction of Alan Churchard, LISA Director of Coaching and Football Development, Academy Head Coach, David Molinari heads the LISA Academy programme. Coach JJ Atterbury from the Reynolds School of Soccer Excellence, assists Coach Molinari. Bob Stankov will provide goal-keeper coaching. All Academy coaching staff are highly certified and respected. Many have both coached and played at an elite level. The 2006/2007 Academy Coaches appointed for the following “in-age” divisions are:

Goal Keepers	Bob Stankov
Girls U10	Godwill Mangayi
Boys U10	Peter Smith and Jay Wright
Girls U11	Alan Hill and Tim Slevan
Boys U11	Mario Pecorrelì
Girls U12	Bud Livingstone and Cristian Estay
Boys U12	Joe Bratanovic
Girls U13	Duncan Maffia and Tim Golden
Boys U13	Yos Iruretagoyena and Paul Cringle

First Aid and Safety John Hahn

The DDC attempts to allocate one coach per 10 players in order to provide the highest quality learning experience. Mentor coaches will also be assigned to each age group to oversee and provide guidance to the respective age appropriate Head and Assistant Coaches.

EXHIBITION GAMES:

Regular exhibition game will be arranged to assess individual and team performance. These games are purely for exhibition and scheduled for purposes of development. Should an exhibition game be arranged against a DDC Academy player's 'home' club that player will play for their DDC Academy team.

DISTRICT TEAMS U11 – U13:

The DDC Academy forms the following teams from the player pools:

U11 – Super 8 competitive teams and travelling teams for boys and girls.

U12 – Intra Provincial League and travelling/competitive teams for U12 boys and girls (8 and 11 aside)

U13 – Intra-Provincial League and travelling/competitive teams for U13 girls and boys.(11 aside)

*U13/14 – Super-Y League teams for U13/14 boys and girls.

** Super-Y League teams are joint regional teams with the Upper Island.*

Players who are selected to either the travelling/competitive, IPL or Super-Y League teams may be required to commit to two training sessions a week with a game as the season progresses.

Further details on these programmes can be found on the following websites:

Super-Y League www.supery.uslsoccer.com
Intra Provincial League www.bcsoccer.net.

FEES:

U12 and U13 Academy & Development Players:

The DDC Academy is a user pay for programme at a cost of \$70 per month. Post-dated cheques or payment in full is to be provided in advance to cover the whole training programme. There are five training months October, November, Dec/Jan, February and March. All participants will be provided with a training T-Shirt.

The fees do not included any costs related to travel

Financial assistance is available and must be applied for. Financial assistance forms can be found on the LISA website www.lowerislandsoccer.com

U10 and U11 Academy & Development Players:

Academy training for U10-U11 players is an opportunity for the higher skilled and motivated players in the respective age groups to participate in advanced level training and

play as a District team as required. The cost for training is \$50. There is no financial assistance available for these two age groups.

TRAINING TIMES U10-U13:

The DDC Academy programme will run on Sunday mornings and afternoons from the 1st October until 10th December 2006. It will cease training over the Holiday Season and resume on 14th January, 2007, continuing on a weekly basis until Sunday 25th March, 2007. After this date selected U12 and U13/14 players will start training for their upcoming IPL, Super “Y” League play. Academy training times are as noted in the table below:

Girls and Boys U10 and U11	9:30 am – 11 am	Upper Colville field
Girls and Boys U12	11 am – 12:30 pm	Upper Colville field
Girls and Boys U13	1:30 pm – 3pm	Upper Colville field

* Goal keepers the same time as per their age groups above

In case of bad weather, parents and players should call their respective coaches (numbers to be provided), as to training inside the gym.

REGIONAL SUPER-Y (U13-U17 & INTRA-PROVINCIAL LEAGUE (IPL) (12-14):

The Super-Y League and Intra-Provincial League are both part of the BCSA’s “Pyramid of Development” (Club, District, Provincial and National).

Super-Y teams from U13-U17 are selected from players all over Vancouver Island. Due to the challenge of distance and weather, players selected for the above teams are trained within their respective DDC’s and brought together on an occasional basis or as deemed by their Head Coach. The Island hosts 4 DDC’s, one in the Lower Island and three in the Upper Island.

The Super-Y League schedule is compiled in January with games generally beginning in mid May and concluding either at the end of July or mid August. The Super-Y falls under the United States League (USL) and players will compete in the North West division against teams from Washington State, Oregon and Portland.

IPL teams from U12-U14 are selected within the Lower Island District. Currently under discussion by the BCSA is including the U11’s into the IPL schedule.

The IPL schedule generally begins in mid spring with usually 6 ‘game-days’ through until July. For more details on the IPL please refer to the BCSA website at: www.bcsoccer.net.

CONCLUSION:

It is the intention of the LISA to push their players to the highest possible level. Provincial staff coaches will visit the DDC several times through the season to assess and make

recommendations regarding a player's progress and selection. Players are strongly encouraged to attend any invitations extended by the Provincial staff coaches.

The Lower Island Soccer Association is a full member of the British Columbia Soccer Association (BCSA), Canadian Soccer Association (CSA) and Federation Internationale de Football Association (FIFA). All LISA players are fully insured and all LISA teams are affiliated with the above organisations. The LISA is unable to play against teams who are unaffiliated.

For further details on the LISA Academy please contact either:

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